



NLI CONFERENCE 2024

# **BREAKING BARRIERS II**

National Leadership Institute  
المعهد الوطني للقيادة

**STRONG MIND. STRONG BODY. STRONG LEADER**

8.00 – 9.00 Registration & Networking

10.00 – 10.30 Official Opening & Welcoming

10.30 – 11.30 **Strong Leader**  
**H.E. Hassan AlThawadi**

11.30 – 12.30 Prayer & Networking Break

12.30 – 1.10 **Strong Mind**  
**Dr. Mariam Alawadhi & Alaa AlHomaizi**

1.10 – 1.40 **Stronger Together: Leading Through  
Resilience, Innovation, and Wellness**

1.40 – 2.45 **Strong Mind, Strong Body, Strong Leader**  
**Steven Bartlett**

2.45 -3.00 Closing Remarks

